

LESSON 5

FYI

OUTDOOR ADVENTURE PARKS

When the weather is nice, people usually like to do fun things outside. For example, you can go swimming or ride a bike or maybe play soccer with your friends.



But if you want to do something fun outside that's different and exciting, then you should try an outdoor adventure park.

A lot of outdoor adventure parks have a rope bridge like the one in this lesson.

Some rope bridges are very high, near the tops of the trees.

Outdoor adventure parks also usually have a **zip line**. On a zip line, you can move quickly through the trees.

Sometimes there are places where you can stop and look at what life is like for the animals that live in the trees. This activity is usually called going on **a treetop walk**.

There are a lot of great outdoor adventure parks in the U.S. you can visit on your next vacation!




FRENCH FRIES?

Americans have always loved to eat these long, thin slices of fried potatoes they call *French fries*, *fries*, or *French-fried potatoes*.



But why do Americans call them *French fries*?

Well, it's not certain, but some people think it's because of a letter written by U.S. President Thomas Jefferson in the early 1800s. He wrote that he liked to eat the long, thin slices of fried potatoes prepared by his *French* chef.



French fries have always been popular in American cooking, and there are lots of different ways to prepare and eat them.

For example, you know what curly hair is, but have you ever heard of curly fries?

Curly fries are fries that people make with a special spiral knife. In the U.S., you can find curly fries on the menu at diners and fast-food restaurants like Arby's® and Hardee's®.



Remember, French fries are yummy, but they're also fattening and not very good for your health. You should only eat them for an occasional snack.